



# HOSPICE WEST AUCKLAND 2018 LEARNING PROGRAMME

For our community & professionals

Hospice West Auckland provides specialist palliative care and palliative care education to practitioners, individuals and groups who deliver palliative care within the Waitemata District Health Board and wider areas.

## Education sessions are held at:

The Hospice Living & Learning Centre, 206 Swanson Rd, Henderson or at other locations on request.

Please find our range of 2018 courses below:

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To book yourself or an employee a place on any of our courses, please use our registration form on the last page, or on our website at: [www.hwa.org.nz/learning-development](http://www.hwa.org.nz/learning-development)

For more information, please contact the Learning and Development Team

Email: [learning@hwa.org.nz](mailto:learning@hwa.org.nz)



Phone: **09 834 9754**



Living Every Moment  
He rā hōu, he oranga ngākau

<b>FUNDAMENTALS OF PALLIATIVE CARE</b>	
<b>Description</b>	This course covers 10 modules to enhance the 'End of Life' care skills of all participants
<b>2018 Dates:</b>	Over two consecutive Mondays from 8.30am till 4.30pm <ul style="list-style-type: none"> <li>• 19 and 26 February</li> <li>• 14 and 21 May</li> <li>• 13 and 20 August</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Will enhance the 'End of Life' care skills of all participants</li> <li>• Network with peer support group.</li> <li>• Shared learning</li> <li>• Reflective learning opportunity, with certificates presented for continuing education</li> </ul>
<b>Topics:</b>	<ol style="list-style-type: none"> <li>1. The Essence of Palliative Care</li> <li>2. Ethical Issues in Palliative Care</li> <li>3. Pain and Symptom Management in Palliative Care</li> <li>4. Palliative Care for People with Chronic Illness</li> <li>5. Palliative Care for People with Dementia</li> <li>6. Communication Skills</li> <li>7. Last Days of Life</li> <li>8. Loss and Grief</li> <li>9. Introductions to Spiritual Care</li> <li>10. Caring for Ourselves</li> </ol>
<b>For Who?</b>	An inter-professional holistic learning programme for anyone who is interested to learn about end of life care
<b>Cost:</b>	\$60 – <i>This programme is subsidised by Waitemata District Health Board</i>
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team
<b>Number of Students:</b>	8 Minimum
<b>Pre-Requisites:</b>	Some pre-reading applies. Completion of the introductory session <i>The Essence Of Palliative Care</i>
<b>Certification:</b>	Certificates awarded for each completed module
<b>Endorsement</b>	Endorsed by Hospice New Zealand

<b>GRIEF INFORMATION AFTERNOON</b>	
<b>Description</b>	This session provides information to help explain the impact that grief can have through all aspects of our lives; physical, emotional, cognitive, behavioural, spiritual and social.
<b>2018 Dates:</b>	Fridays: 1.30 – 3.30pm <ul style="list-style-type: none"> <li>• 16 February</li> <li>• 20 April</li> <li>• 15 June</li> <li>• 17 August</li> <li>• 19 October</li> <li>• 14 December</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Self care and support</li> <li>• Information regarding access to bereavement care services and support</li> <li>• Insight to the grief process, including signs for concerning grief</li> </ul>
<b>Topics include:</b>	<ol style="list-style-type: none"> <li>1. An open approach to the emotional and spiritual side of grief</li> <li>2. Journeying with each other to find solace and direction</li> </ol>
<b>For Who?</b>	Anyone who is interested
<b>Cost:</b>	No charge, although a gold coin would help cover the cost of refreshments
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team

<b>FAMILY CARER INFORMATION MORNING</b>	
<b>Description</b>	Provides current and consistent information in a supportive and enlightening environment for all family members, friends and members of the community who are managing the life limiting illness of a family member.
<b>2018 Dates:</b>	Wednesdays: 10.00am – 12.00pm <ul style="list-style-type: none"> <li>• 15 Jan</li> <li>• 12 Feb</li> <li>• 12 March</li> <li>• 9 April</li> <li>• 15 May</li> <li>• 11 June</li> <li>• 9 July</li> <li>• 14 August</li> <li>• 10 September</li> <li>• 15 October</li> <li>• 13 November</li> <li>• 10 December</li> </ul>
<b>Benefits:</b>	Support and education for family and carers
<b>Topics include:</b>	<ol style="list-style-type: none"> <li>1. Understand the services available to you through Hospice West Auckland and the wider community</li> <li>2. Access to resources and onwards referrals</li> <li>3. Self care and support networks</li> </ol>
<b>For Who?</b>	This is an informal gathering that provides the opportunity to meet members of our community and volunteer teams and to find out about the services provided by Hospice West Auckland. Our hope is to support you in your caring role and to link you with helpful networks and resources.
<b>Cost:</b>	No charge
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team

<b>SYRINGE DRIVER COMPETENCY CERTIFICATION</b>	
<b>Description</b>	<p>This course will provide registered nurses with:</p> <ul style="list-style-type: none"> <li>• Proficiency in the commencement and management of the syringe driver</li> <li>• Theoretical and practical skills in the handling of drugs and the syringe driver</li> <li>• The role of syringe drivers in palliative and end of life care</li> </ul>
<b>2018 Dates:</b>	<p>Wednesdays: 1.00pm to 4.00pm</p> <ul style="list-style-type: none"> <li>• 14 February</li> <li>• 11 April</li> <li>• 13 June</li> <li>• 15 August</li> <li>• 17 October</li> <li>• 12 December</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Gain proficiency in the commencement and management of the (preferred) syringe driver</li> <li>• Theoretical and practical skills in the handling of drugs and the syringe driver</li> </ul>
<b>Topics include:</b>	<ul style="list-style-type: none"> <li>• The role of syringe drivers in palliative and end of life care</li> <li>• Participants will acquire enhanced understanding of the indications for use of syringe drivers and specialist input into management of them.</li> <li>• Learn and demonstrate competence in syringe driver use – therefore enhancing patient care</li> </ul>
<b>For Who?</b>	Registered Nurses (enrolled nurses are eligible to attend subject to their scope of practice)
<b>Cost:</b>	\$90
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	An accredited representative of Hospice New Zealand (Clinical Nurse Specialist or Nurse Practitioner)
<b>Number of Students:</b>	6 Minimum
<b>Pre-Requisites:</b>	Some pre reading applies
<b>Certification:</b>	Certification of competency for 2 years Registration on the New Zealand competency register
<b>Endorsement</b>	Endorsed by Hospice New Zealand

<b>CAREGIVER STUDY DAY</b>	
<b>Description</b>	Further develop the end of life care skills for all care assistants and support workers in residential and community settings. This programme explores a core range of skills and topics in a supported and friendly learning environment. The one day programme is an interactive workshop. Participants will acquire a solid understanding of their role in end of life care.
<b>2018 Dates:</b>	Tuesdays: 8.30am – 4.30pm <ul style="list-style-type: none"> <li>• 13 March</li> <li>• 19 June</li> <li>• 11 September</li> <li>• 4 December</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Learn to identify key concepts in end of life care</li> <li>• Gain comprehensive knowledge of the role of the Health Care Assistant and Support Workers in providing end of life care</li> <li>• Further develop your end of life care management skills</li> <li>• Feel confident to talk with residents/clients and their family/whanau</li> <li>• Understand your feelings around the loss of a resident or client</li> </ul>
<b>Topics:</b>	<ol style="list-style-type: none"> <li>1. Key concepts in end of life care</li> <li>2. The role of the Health Care Assistant in providing end of life care</li> <li>3. End of life care management skills; mouth care, skin care, last days of life and other aspects</li> <li>4. Spiritual Care in end of life and self-care strategies</li> </ol>
<b>For Who?</b>	All healthcare assistants and support workers
<b>Cost:</b>	\$90
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team
<b>Number of Students:</b>	10 Minimum
<b>Certification:</b>	Certificates issued for attendance
<b>Endorsement</b>	Endorsed by Hospice New Zealand

<b>ADVANCED PALLIATIVE SKILLS STUDY DAYS</b>	
<b>Description</b>	To provide enhanced learning opportunities for clinicians who have an interest in the advanced care of patients and families at end of life. The interdisciplinary programme is delivered as a two day interactive workshop. Participants will have the opportunity to acquire an advanced level of specialist palliative care skills, which will ensure enhanced care for patients and their families at the end of life. Ideal for those practitioners who have a passion for improved end of life care – exploring advanced clinical and psychosocial care issues.
<b>2018 Dates:</b>	Over two days from 8.15am to 4.30pm <ul style="list-style-type: none"> <li>• 7 and 8 May</li> <li>• 5 and 6 November</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Participate in a core range of specialist topics in palliative care</li> <li>• Collegial support and networking</li> <li>• Share your knowledge and skills with others in your organisation</li> </ul>
<b>Topics include:</b>	<ol style="list-style-type: none"> <li>1. Palliative emergencies</li> <li>2. Delirium and agitation</li> <li>3. Ethical issues, difficult conversations and other advanced topics</li> <li>4. Advanced care planning</li> </ol>
<b>For Who?</b>	All Health and Social Care professionals who have an interest in the end of life needs of patients and their families. It is recommended that participants attend <i>Fundamentals of Palliative Care</i> programme prior.
<b>Cost:</b>	\$175 for two day programme
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team
<b>Number of Students:</b>	10 Minimum
<b>Certification:</b>	Certificates are awarded on completion of a post learning exercise

<b>GENESIS ONCOLOGY TRUST BREAKFAST LECTURES</b>	
<b>Description</b>	These lectures are delivered via teleconference with a PowerPoint presentation that the speaker takes participants through.
<b>2018 Dates:</b>	1st Thursday of each month – 7.30am – 8.30am, followed by refreshments and networking opportunities. <ul style="list-style-type: none"> <li>• 01 February</li> <li>• 01 March</li> <li>• 05 April</li> <li>• 03 May</li> <li>• 07 June</li> <li>• 05 July</li> <li>• 02 August</li> <li>• 06 September</li> <li>• 04 October</li> <li>• 01 November</li> <li>• 06 December</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Enhanced learning opportunities</li> <li>• Peer support</li> <li>• Networking</li> <li>• Self-reflection towards PDRP and other professional development programmes</li> </ul>
<b>Cost:</b>	A donation to Hospice West Auckland
<b>Certification:</b>	Certificates issued for attendance

<b>THE FOUNDATIONS OF SPIRITUAL CARE</b>	
<b>Description</b>	This programme encourages all health and social care professionals to be mindful of the critical role spiritual wellness plays in the quality of life of those we cater for. The programme builds awareness of our need to address and understand the spiritual care needs of our patients and their families. It also offers tools and skills to assess and address spiritual needs.
<b>2016 Dates:</b>	Over two consecutive Wednesdays from 1.00pm - 4.30pm <ul style="list-style-type: none"> <li>• 26 and 27 March</li> <li>• 2 and 3 July</li> <li>• 24 and 25 September</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Enhanced holistic care skills</li> <li>• Increased awareness of the diversity of needs</li> <li>• Increased awareness of own needs</li> </ul>
<b>Topics:</b>	<ol style="list-style-type: none"> <li>1. Exploring spirituality</li> <li>2. Wairuatanga – spiritual wellbeing</li> <li>3. Spirituality at the end of life</li> <li>4. Spiritual Care at end of life and caring for ourselves</li> </ol>
<b>For Who?</b>	All those who care for unwell patients, residents and clients
<b>Cost:</b>	\$70
<b>Venue:</b>	Living & Learning Centre 206 Swanson Road, Henderson
<b>Presented by:</b>	Members of the Hospice West Auckland Team
<b>Number of Students:</b>	8 Minimum
<b>Certification:</b>	Certificate of completion of all four modules
<b>Endorsement</b>	Endorsed by Hospice New Zealand



## COURSE REGISTRATION FORM

Please complete a separate  
form for each course

**Registrations will be confirmed when a payment is received.  
This registration form becomes a tax invoice when payment is received.**

Name of Workshop: \_\_\_\_\_ Date of Workshop: \_\_\_\_\_

Name: \_\_\_\_\_

Ph (Hm): \_\_\_\_\_ Ph (Wk): \_\_\_\_\_

Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Employer: \_\_\_\_\_ Position Held: \_\_\_\_\_

**Privacy:** Please indicate whether you are willing to have your name and contact details on a list to be circulated to workshop participants.

Yes  No

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**PAYMENT METHOD** Course Amount: \$ \_\_\_\_\_

**Credit Card**     Visa     Mastercard    Expiry Date   /    
                    

**Internet Banking**    *(Please use your name as reference)*

Account Name: Hospice West Auckland

Account No.: 12 3039 0813192 00

**By Cheque**

Please make cheques payable to Hospice West Auckland and deliver by post to:  
Hospice West Auckland, Po Box 45181, Te Atatu, Auckland 0651

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### Cancellation

Any cancellation received within 24 hours of course date will be non-refundable

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Bookings and payment can also be made online at <http://hwa.org.nz/learning-development>