



## HOSPICE WEST AUCKLAND 2022 LEARNING PROGRAMME

For our community & professionals

Hospice West Auckland provides specialist palliative care and palliative care education to practitioners, individuals and groups within the Waitemata District Health Board and wider areas.

### **Our education sessions are held at:**

Hospice West Auckland Living & Learning Centre, 206 Swanson Rd, Henderson or Hospice House, 52 Beach Road, Te Atatu Peninsula or online via Zoom.

Please find our range of courses for this year.

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To book yourself or an employee a place on any of our courses, please book online at <https://store.hwa.org.nz/collections/courses>. For assistance, general enquiries or to register for monthly **Learning Update** emails, please contact [learning@hwa.org.nz](mailto:learning@hwa.org.nz)

The Learning and Development Team welcome enquiries about your training requirements.

Email: [learning@hwa.org.nz](mailto:learning@hwa.org.nz)

Phone: 09 834 9750



<b>FUNDAMENTALS OF PALLIATIVE CARE PROGRAMME (changed for 2022)</b>					
<b>Description:</b>	This blended learning programme of eLearning modules and workshop is designed for health care workers (registered and non registered) who are caring for people with a palliative need. The programme will cover four topics (see below) designed to enhance the End of Life (EOL) care skills of all participants.				
<b>eLearning:</b>	There are four individual elearning modules which you can access on demand and take approximately 1 hour to complete each. You must complete the Essence module to progress to the others. You may wish to complete one or all modules, however, to attend the workshop you will need to complete all four modules as a prerequisite. To register, contact <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a>				
<b>Workshop:</b>	When you have completed all four elearning modules you can register to attend the one day workshop which completes the Fundamentals of Palliative Care training programme. Workshops will be face to face or by Zoom. To register contact <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a> .				
<b>Workshop Times/Dates:</b>	One day workshop from 8.30am till 5:00pm <ul style="list-style-type: none"> <li>• 10 May</li> <li>• 7 June (subject to demand)</li> <li>• 23 August</li> <li>• 8 November</li> </ul>				
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Blended learning programme of eLearning and workshop.</li> <li>• Improve the assessment and outcomes for people in your care.</li> <li>• Reflective learning opportunities and case studies.</li> <li>• Certificates presented for completion of each module &amp; the full programme.</li> </ul>				
<b>Topics:</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; padding: 5px;"><b>E Learning Modules</b></th> <th style="text-align: left; padding: 5px;"><b>Workshop Topics</b></th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Essence The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life</td> <td style="padding: 5px;">The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life</td> </tr> </tbody> </table>	<b>E Learning Modules</b>	<b>Workshop Topics</b>	Essence The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life	The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life
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Essence The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life	The Palliative Care Approach Managing Pain and Long Term Illness Care and Support at End of Life				
<b>For Who:</b>	An inter-professional holistic learning programme for anyone who is interested to learn about end of life care.				
<b>Cost:</b>	\$60 + gst – <i>This programme is subsidised by Waitemata District Health Board.</i>				
<b>Workshop Venue</b>	Living & Learning Centre, 206 Swanson Road, Henderson or by Zoom				
<b>Prerequisites:</b>	4 x eLearning modules are required to be completed prior to attending the workshop. The information in these modules will provide you with important knowledge and theory which will be applied and discussed in the workshop.				
<b>Presented by:</b>	Members of the Hospice West Auckland Team.				
<b>Certification:</b>	Certificates awarded for completion of each eLearning module and on completion of the full programme.				
	<b>Nationally recognised programme developed by Hospice New Zealand</b>				

<b>SYRINGE DRIVER COMPETENCY CERTIFICATION &amp; REFRESHER (changed for 2022)</b>	
<b>Description:</b>	This is a blended learning programme of eLearning modules and a face-to-face practical assessment workshop. The programme is designed to assist registered nurses to gain theoretical and practical knowledge to manage syringe drivers in their practice. Enrolled nurses can complete the course but must work within their scope of practice (as defined by the Nursing Council of NZ).
<b>eLearning:</b>	Participants will learn about the use of a syringe driver, caring for a person with a syringe driver and information about medications and drug calculations. The elearning module takes approximately 2 hours to complete. To register contact <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a>
<b>Workshop:</b>	The practical competency workshop will briefly recap the key points covered in the eLearning and provide instruction, practice, and competency assessment in the setting up and management of the NikiT34 syringe driver. To register contact <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a>
<b>Workshop Times &amp; Dates</b>	Two hour workshop from 1pm – 3pm 8 March 29 March 19 April 17 May 21 June Further 2022 workshop dates to be confirmed mid year.
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Gain proficiency in the commencement and management of the (preferred) syringe driver.</li> <li>• Theoretical and practical skills in the handling of drugs and the syringe driver.</li> </ul>
<b>Topics include:</b>	<ul style="list-style-type: none"> <li>• The role of syringe drivers in palliative and end of life care.</li> <li>• Participants will acquire enhanced understanding of the indications for use of syringe drivers and specialist input into management of them.</li> <li>• Learn and demonstrate competence in syringe driver use – therefore enhancing patient care.</li> </ul>
<b>For who:</b>	RN's (enrolled nurses are eligible to attend subject to their scope of practice).
<b>Cost:</b>	eLearning – no charge Practical Competency Workshop: \$50 + gst. (Competency Refresher \$30 +gst)
<b>Venue:</b>	Workshop -Living & Learning Centre, 206 Swanson Road, Henderson or by Zoom Elearning - Personal Device (Computer or Tablet).
<b>Presented by:</b>	An accredited representative of Hospice NZ (CNS or Nurse Educator).
<b>Pre-Requisites:</b>	Completion of Syringe Driver eLearning is a prerequisite for attending the Syringe Driver Competency workshop. Please note that you need to attend your workshop within 2 months of completing the eLearning (subject to Covid-19 restrictions).
<b>Certification:</b>	Certification of competency for 2 years and registration on the NZ competency register.
<b>Nationally recognised programme developed by Hospice New Zealand</b>	

<b>HWA PALLIATIVE CARE WEBINARS – PROFESSIONAL DEVELOPMENT TOPICS</b>	
<b>Description:</b>	Our webinars offer a series of advanced topics aimed at GPs, Pharmacists and other experienced palliative care clinicians to enhance end of life care for patient.
<b>2022 Dates:</b>	13 April Webinar 8 June Webinar 3 August Webinar 12 October Webinar
<b>Time:</b>	7:30 am – 8:30 am
<b>Topics:</b>	2022 Topics will include: <ul style="list-style-type: none"> <li>• Deprescribing</li> <li>• Non Malignant Disease - Respiratory Disease</li> <li>• Malignant Bowel Obstruction</li> <li>• Dementia</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Advanced topics covered.</li> <li>• Clinical and pharmacological updates .</li> <li>• Opportunities for questions to expert panelists.</li> </ul>
<b>For Who:</b>	GPs, Pharmacists, and other experienced palliative care clinicians.
<b>Cost:</b>	No charge to attend the live session.
<b>Venue:</b>	Zoom Webinar.
<b>Presented by:</b>	Hospice West Auckland Medical Team.

<b>PALLIATIVE CARE FOR CAREGIVERS</b>	
<b>Description:</b>	Further develop the end of life care skills for all care assistants and support workers in residential and community settings. This programme explores a core range of skills and topics in a supported and friendly learning environment. The one day programme is an interactive workshop. Participants will acquire a solid understanding of their role in end of life care.
<b>Time:</b>	One day from 8.30am – 4.30pm.
<b>Dates:</b>	2022 dates are to be confirmed and subject to demand. If you or your staff are interested in attending, please email <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Learn to identify key concepts in end of life care.</li> <li>• Gain comprehensive knowledge of the role of the Health Care Assistant and Support Workers in providing end of life care.</li> <li>• Further develop your end of life care management skills.</li> <li>• Feel confident to talk with residents/clients and their family/whānau.</li> <li>• Understand your feelings around the loss of a resident or client.</li> </ul>
<b>Topics:</b>	<ol style="list-style-type: none"> <li>1. Key concepts in end of life care.</li> <li>2. The role of the Health Care Assistant in providing end of life care.</li> <li>3. End of life care management skills; mouth care, skin care, last days of life and other aspects.</li> <li>4. Spiritual Care in end of life and self-care strategies.</li> </ol>
<b>For who?</b>	All healthcare assistants, support workers, patient & family volunteers.
<b>Cost:</b>	\$60 + gst.
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson.
<b>Presented by:</b>	Members of the Hospice West Auckland Team.
<b>Certification:</b>	Certificates issued for attendance.
	<b>Nationally recognised programme developed by Hospice New Zealand.</b>

SPIRITUAL CARE AT END OF LIFE	
<b>Description:</b>	This programme encourages all health and social care professionals to be mindful of the critical role spiritual wellness plays in the quality of life of those we cater for. The programme builds awareness of our need to address and understand the spiritual care needs of our patients and their families. It also offers tools and skills to assess and address spiritual needs.
<b>2021 Dates:</b>	Half day session from 12.30pm - 4.30pm <ul style="list-style-type: none"> <li>• 24 May</li> <li>• 27 September</li> </ul>
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Enhanced holistic care skills.</li> <li>• Increased awareness of the diversity of needs.</li> <li>• Increased awareness of own needs.</li> </ul>
<b>Topics:</b>	<ol style="list-style-type: none"> <li>1. Exploring &amp; Understanding of Spirituality.</li> <li>2. Spiritual Care at the End of Life.</li> <li>3. Tools for Spiritual Assessment.</li> <li>4. Caring for Whānau in Te Ao Māori.</li> </ol>
<b>For Who:</b>	All those who care for unwell patients, residents and clients.
<b>Cost:</b>	No cost.
<b>Venue:</b>	Living & Learning Centre, 206 Swanson Road, Henderson or by Zoom.
<b>Presented by:</b>	Members of the Hospice West Auckland Team.
<b>Certification:</b>	Certificate of completion of all four modules.

ADVANCED PALLIATIVE SKILLS DAY	
<b>Description:</b>	Hospice West Auckland and Harbour Hospice are collaborating to provide enhanced learning opportunities for clinicians who have an interest in the advanced care of patients and families at end of life. The interdisciplinary programme is delivered as an interactive workshop. Ideal for those practitioners who have a passion for improved end of life care – exploring advanced clinical and psychosocial care issues.
<b>2022 Dates:</b>	These will be one day sessions from 8.30am to 4.30pm. 12 May – Psychosocial Skills in Palliative 26 July – Pharmacology Please contact <a href="mailto:learning@hwa.org.nz">learning@hwa.org.nz</a> if you are interested to attend.
<b>Benefits:</b>	<ul style="list-style-type: none"> <li>• Participate in a range of specialist topics in palliative care.</li> <li>• Collegial support and networking.</li> <li>• Share your knowledge and skills with others in your organisation.</li> </ul>
<b>Topics covered could include:</b>	Palliative emergencies, delirium and agitation, ethical issues, difficult conversations, advanced care planning and other advanced topics.
<b>For Who:</b>	All Health and Social Care professionals who have an interest in the end of life needs of patients and their families.
<b>Prerequisites:</b>	Participants must have completed the full <i>Fundamentals of Palliative Care</i> programme prior to attending these workshops.
<b>Cost:</b>	\$90 + gst per session.
<b>Venues:</b>	To be confirmed.
<b>Presented by:</b>	Members of the Hospice West Auckland and Harbour Hospice Team.
<b>Certification:</b>	Certificates are awarded for attendance.
<b>Developed by the Hospice West Auckland and Harbour Hospice Clinical Education Teams</b>	

## CANCER RESEARCH TRUST NZ BREAKFAST LECTURES

### Palliative Care Lecture Series 2021



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**Description** Each lecture consists of a guest speaker and powerpoint presentation on a variety of palliative care topics.  
Attendees join via Zoom to a lecture hosted by Hospice New Zealand.

**2022 Dates:** 1st Thursday of each month – 7.30am – 8.30am

3 March	4 August
7 April	1 September
5 May	6 October
2 June	3 November
7 July	1 December

**Benefits:**

- Enhanced learning opportunities.
- Peer support.
- Self-reflection towards PDRP and other professional development programmes.

**Cost:** No cost.

**Venue:** Via Zoom. Registration is required. Zoom Meeting ID and Password will be sent to you upon registration through link supplied by Hospice New Zealand and sent out as part of Hospice West Auckland monthly Learning Updates email.

**Certification:** Certificates issued for attendance from Hospice New Zealand after completing a post lecture survey.

**Presented by Cancer Research Trust NZ and Hospice New Zealand**