



HOSPICE WEST AUCKLAND 2021 LEARNING PROGRAMME

For our community & professionals

Hospice West Auckland provides specialist palliative care and palliative care education to practitioners, individuals and groups within the Waitemata District Health Board and wider areas.

Education sessions are held at:

Hospice West Auckland Living & Learning Centre, 206 Swanson Rd, Henderson
(unless stated otherwise)

Please find our range of 2021 courses below:

COURSES	PAGE
Fundamentals of Palliative Care	2
Syringe Driver Competency Certification	3
Palliative Updates 2021 – Webinar Series	3
Palliative Care for Caregivers	4
Spiritual Care At End of Life	4
Advanced Palliative Skills Day	5
Cancer Research Trust NZ Breakfast Lectures	5

To book yourself or an employee a place on any of our courses, please email

learning@hwa.org.nz or book directly on our website at:

www.hwa.org.nz/learning-development

For more information, please contact the Learning and Development Team

Email: learning@hwa.org.nz

Phone: 09 834 9750



Living Every Moment
He rā hōu, he oranga ngākau

FUNDAMENTALS OF PALLIATIVE CARE	
Description	This two day course covers 10 modules designed for health care workers (registered and non registered) who are caring for people with a palliative need. These workshops cover a broad range of topics designed to enhance the End of Life (EOL) care skills of all participants.
2021 Dates:	Over two days from 8.30am till 4.30pm <ul style="list-style-type: none"> • 23 February and 2 March • 22 and 29 June • 21 and 28 September
Benefits:	<ul style="list-style-type: none"> • Networking with peer support group. • Shared learning • Reflective learning opportunities, with certificates presented for continuing education
Topics:	<ol style="list-style-type: none"> 1. The Essence of Palliative Care 2. Ethical Issues in Palliative Care 3. Pain and Symptom Management in Palliative Care 4. Palliative Care for People with Chronic Illness 5. Palliative Care for People with Dementia 6. Communication Skills 7. Last Days of Life 8. Loss and Grief 9. Introductions to Spiritual Care 10. Caring for Ourselves
For Who:	An inter-professional holistic learning programme for anyone who is interested to learn about end of life care
Cost:	\$60 – <i>This programme is subsidised by Waitemata District Health Board</i>
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Pre-Requisites:	Some pre-reading applies. Completion of the introductory session <i>The Essence Of Palliative Care</i>
Presented by:	Members of the Hospice West Auckland Team
Certification:	Certificates awarded for each completed module
	Nationally recognised programme developed by Hospice New Zealand

SYRINGE DRIVER COMPETENCY CERTIFICATION

Description	<p>This course will provide registered nurses with:</p> <ul style="list-style-type: none"> Proficiency in the commencement and management of the syringe driver Theoretical and practical skills in the handling of drugs and the syringe driver The role of syringe drivers in palliative and end of life care <p>We are pleased to now also be able to offer the Syringe Driver Competency Programme e-learning in conjunction with Hospice NZ and Hospice Waikato. This is a combined programme of theory and assessment via e-learning followed by a practical competency workshop delivered by our HWA Nurse Educator. This is offered on an on-demand basis for the e-learning followed by a face-to-face practical competency on any one of the dates listed below. Please note that the practical competency must be completed within 2 months of passing all of the e-learning and that the e-learning may take approx. 1 – 2 hours to complete (you can start and come back to it, it does not have to be done in one setting). This is then followed by a 2 hour practical competency workshop.</p>
2021 Dates:	<p>Each Course offers the full competency certification 1.00pm to 4.00pm. For those requiring a practical assessment or refresher training only, the course time is shorter (1:00pm – 3:00pm)</p> <ul style="list-style-type: none"> 10 August 14 September (TBC subject to Covid Alert Levels) 26 October 16 November 14 December
Benefits:	<ul style="list-style-type: none"> Gain proficiency in the commencement and management of the (preferred) syringe driver Theoretical and practical skills in the handling of drugs and the syringe driver
Topics include:	<ul style="list-style-type: none"> The role of syringe drivers in palliative and end of life care Participants will acquire enhanced understanding of the indications for use of syringe drivers and specialist input into management of them Learn and demonstrate competence in syringe driver use – therefore enhancing patient care
For Who:	RN's (enrolled nurses are eligible to attend subject to their scope of practice)
Cost:	<p>Full Courses: \$90 Practical Sessions: \$50 (prior completion of online theory and calculations test via E Learning required) Refresher Session: \$30 (prior completion of SD Competency within previous 2 years, required to attend)</p>
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson / Personal Device (e-learning component)
Presented by:	An accredited representative of Hospice NZ (CNS or Nurse Educator)
Pre-Requisites:	Some pre reading applies
Certification:	Certification of competency for 2 years and registration on the NZ competency register
Nationally recognised programme developed by Hospice New Zealand	

PALLIATIVE UPDATES 2021 – WEBINAR SERIES																			
Description	Palliative Updates are a series of advanced topics aimed at GPs, Pharmacists and other experienced palliative care clinicians to enhance end of life care for patients																		
2021 Dates:	<table border="0"> <tr> <td>24 March</td> <td>Opioids</td> <td>Webinar</td> </tr> <tr> <td>26 May</td> <td>Antiemetics</td> <td>Webinar</td> </tr> <tr> <td>21 July</td> <td>Feeding and Fluids at End of Life</td> <td>Webinar</td> </tr> <tr> <td>29 September</td> <td>End of Life Choice Act</td> <td>Webinar</td> </tr> <tr> <td>10 November</td> <td>Non- malignant disease</td> <td>Webinar</td> </tr> <tr> <td>9 December</td> <td><i>Topic to be advised</i></td> <td><i>Face to Face / Webinar</i></td> </tr> </table>	24 March	Opioids	Webinar	26 May	Antiemetics	Webinar	21 July	Feeding and Fluids at End of Life	Webinar	29 September	End of Life Choice Act	Webinar	10 November	Non- malignant disease	Webinar	9 December	<i>Topic to be advised</i>	<i>Face to Face / Webinar</i>
24 March	Opioids	Webinar																	
26 May	Antiemetics	Webinar																	
21 July	Feeding and Fluids at End of Life	Webinar																	
29 September	End of Life Choice Act	Webinar																	
10 November	Non- malignant disease	Webinar																	
9 December	<i>Topic to be advised</i>	<i>Face to Face / Webinar</i>																	
Benefits:	<ul style="list-style-type: none"> • Advanced Topics • Clinical and Pharmacological Updates • Opportunities for questions to expert panelists 																		
For Who:	GPs, Pharmacists and other experienced palliative care clinicians.																		
Cost:	\$20																		
Venue:	Zoom Webinar																		
Presented by:	Hospice West Auckland Medical Team																		

PALLIATIVE CARE FOR CAREGIVERS	
Description	Further develop the end of life care skills for all care assistants and support workers in residential and community settings. This programme explores a core range of skills and topics in a supported and friendly learning environment. The one day programme is an interactive workshop. Participants will acquire a solid understanding of their role in end of life care.
2021 Dates:	<p>One day from 8.30am – 4.30pm</p> <ul style="list-style-type: none"> • 30 March • 5 October • 6 July
Benefits:	<ul style="list-style-type: none"> • Learn to identify key concepts in end of life care • Gain comprehensive knowledge of the role of the Health Care Assistant and Support Workers in providing end of life care • Further develop your end of life care management skills • Feel confident to talk with residents/clients and their family/whanau • Understand your feelings around the loss of a resident or client
Topics:	<ol style="list-style-type: none"> 1. Key concepts in end of life care 2. The role of the Health Care Assistant in providing end of life care 3. End of life care management skills; mouth care, skin care, last days of life and other aspects 4. Spiritual Care in end of life and self-care strategies
For who?	All healthcare assistants and support workers
Cost:	\$90
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Certification:	Certificates issued for attendance
	Nationally recognised programme developed by Hospice New Zealand

SPIRITUAL CARE AT END OF LIFE	
Description	This programme encourages all health and social care professionals to be mindful of the critical role spiritual wellness plays in the quality of life of those we cater for. The programme builds awareness of our need to address and understand the spiritual care needs of our patients and their families. It also offers tools and skills to assess and address spiritual needs.
2021 Dates:	Half day session from 12.30pm - 4.30pm <ul style="list-style-type: none"> • 24 March • 9 September (Via Zoom)
Benefits:	<ul style="list-style-type: none"> • Enhanced holistic care skills • Increased awareness of the diversity of needs • Increased awareness of own needs
Topics:	<ol style="list-style-type: none"> 1. Exploring & Understanding Spirituality 2. Spiritual Care at the End of Life 3. Tools for Spiritual Assessment 4. Caring for Whanau in Te Ao Maori
For Who:	All those who care for unwell patients, residents and clients
Cost:	No cost
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Certification:	Certificate of completion of all four modules

ADVANCED PALLIATIVE SKILLS DAY	
Description	Hospice West Auckland and Harbour Hospice have collaborated to provide enhanced learning opportunities for clinicians who have an interest in the advanced care of patients and families at end of life. The interdisciplinary programme is delivered as an interactive workshop. Ideal for those practitioners who have a passion for improved end of life care – exploring advanced clinical and psychosocial care issues.
2021 Dates:	One day session from 8.30am to 4.30pm <ul style="list-style-type: none"> • 17 August – Delirium, Dementia & Depression (at Harbour Hospice) • 12 October – Leadership Development (via Hospice West Auckland Zoom)
Benefits:	<ul style="list-style-type: none"> • Participate in a range of specialist topics in palliative care • Collegial support and networking • Share your knowledge and skills with others in your organisation
Topics covered could include:	Palliative emergencies, delirium and agitation, ethical issues, difficult conversations, advanced care planning and other advanced topics
For Who:	All Health and Social Care professionals who have an interest in the end of life needs of patients and their families.
Prerequisites:	Participants must have completed the <i>Fundamentals of Palliative Care</i> prior to attending this workshop.
Cost:	\$90 per session – Please register via the <i>Harbour Hospice</i> website https://harbourhospice.org.nz/palliative-education/
Venues:	17 August - Conference Centre, Harbour Hospice, Red Beach 12 October – Hospice West Auckland Zoom
Presented by:	Members of the Hospice West Auckland and Harbour Hospice Education Teams
Certification:	Certificates are awarded for attendance.
Developed by the Hospice West Auckland and Harbour Hospice Clinical Education Teams	

