



HOSPICE WEST AUCKLAND 2018 LEARNING PROGRAMME

For our community & professionals

Hospice West Auckland provides specialist palliative care and palliative care education to practitioners, individuals and groups who deliver palliative care within the Waitemata District Health Board and wider areas.

Education sessions are held at:

The Hospice Living & Learning Centre, 206 Swanson Rd, Henderson or at other locations on request.

Please find our range of 2018 courses below:

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To book yourself or an employee a place on any of our courses, please use our registration form on the last page, or on our website at: www.hwa.org.nz/learning-development

For more information, please contact the Learning and Development Team

Email: learning@hwa.org.nz



Phone: **09 834 9754**



Living Every Moment
He rā hōu, he oranga ngākau

FUNDAMENTALS OF PALLIATIVE CARE	
Description	This course covers 10 modules to enhance the 'End of Life' care skills of all participants
2018 Dates:	Over two consecutive Mondays from 8.30am till 4.30pm <ul style="list-style-type: none"> • 16 and 30 April • 16 and 23 July • 1 and 8 October
Benefits:	<ul style="list-style-type: none"> • Will enhance the 'End of Life' care skills of all participants • Network with peer support group. • Shared learning • Reflective learning opportunity, with certificates presented for continuing education
Topics:	<ol style="list-style-type: none"> 1. The Essence of Palliative Care 2. Ethical Issues in Palliative Care 3. Pain and Symptom Management in Palliative Care 4. Palliative Care for People with Chronic Illness 5. Palliative Care for People with Dementia 6. Communication Skills 7. Last Days of Life 8. Loss and Grief 9. Introductions to Spiritual Care 10. Caring for Ourselves
For Who?	An inter-professional holistic learning programme for anyone who is interested to learn about end of life care
Cost:	\$60 – <i>This programme is subsidised by Waitemata District Health Board</i>
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Number of Students:	8 Minimum
Pre-Requisites:	Some pre-reading applies. Completion of the introductory session <i>The Essence Of Palliative Care</i>
Certification:	Certificates awarded for each completed module
Endorsement	Endorsed by Hospice New Zealand

GRIEF INFORMATION AFTERNOON	
Description	This session provides information to help explain the impact that grief can have through all aspects of our lives; physical, emotional, cognitive, behavioural, spiritual and social.
2018 Dates:	Fridays: 1.30 – 3.30pm <ul style="list-style-type: none"> • 16 February • 20 April • 15 June • 17 August • 19 October • 14 December
Benefits:	<ul style="list-style-type: none"> • Self care and support • Information regarding access to bereavement care services and support • Insight to the grief process, including signs for concerning grief
Topics include:	<ol style="list-style-type: none"> 1. An open approach to the emotional and spiritual side of grief 2. Journeying with each other to find solace and direction
For Who?	Anyone who is interested
Cost:	No charge, although a gold coin would help cover the cost of refreshments
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team

FAMILY CARER INFORMATION MORNING	
Description	Provides current and consistent information in a supportive and enlightening environment for all family members, friends and members of the community who are managing the life limiting illness of a family member.
2018 Dates:	Wednesdays: 10.00am – 12.00pm <ul style="list-style-type: none"> • 15 Jan • 12 Feb • 12 March • 9 April • 15 May • 11 June • 9 July • 14 August • 10 September • 15 October • 13 November • 10 December
Benefits:	Support and education for family and carers
Topics include:	<ol style="list-style-type: none"> 1. Understand the services available to you through Hospice West Auckland and the wider community 2. Access to resources and onwards referrals 3. Self care and support networks
For Who?	This is an informal gathering that provides the opportunity to meet members of our community and volunteer teams and to find out about the services provided by Hospice West Auckland. Our hope is to support you in your caring role and to link you with helpful networks and resources.
Cost:	No charge
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team

SYRINGE DRIVER COMPETENCY CERTIFICATION	
Description	<p>This course will provide registered nurses with:</p> <ul style="list-style-type: none"> • Proficiency in the commencement and management of the syringe driver • Theoretical and practical skills in the handling of drugs and the syringe driver • The role of syringe drivers in palliative and end of life care
2018 Dates:	<p>Wednesdays: 1.00pm to 4.00pm</p> <ul style="list-style-type: none"> • 14 February • 11 April • 13 June • 15 August • 17 October • 12 December
Benefits:	<ul style="list-style-type: none"> • Gain proficiency in the commencement and management of the (preferred) syringe driver • Theoretical and practical skills in the handling of drugs and the syringe driver
Topics include:	<ul style="list-style-type: none"> • The role of syringe drivers in palliative and end of life care • Participants will acquire enhanced understanding of the indications for use of syringe drivers and specialist input into management of them. • Learn and demonstrate competence in syringe driver use – therefore enhancing patient care
For Who?	Registered Nurses (enrolled nurses are eligible to attend subject to their scope of practice)
Cost:	\$90
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	An accredited representative of Hospice New Zealand (Clinical Nurse Specialist or Nurse Practitioner)
Number of Students:	6 Minimum
Pre-Requisites:	Some pre reading applies
Certification:	<p>Certification of competency for 2 years</p> <p>Registration on the New Zealand competency register</p>
Endorsement	Endorsed by Hospice New Zealand

CAREGIVER STUDY DAY	
Description	Further develop the end of life care skills for all care assistants and support workers in residential and community settings. This programme explores a core range of skills and topics in a supported and friendly learning environment. The one day programme is an interactive workshop. Participants will acquire a solid understanding of their role in end of life care.
2018 Dates:	Tuesdays: 8.30am – 4.30pm <ul style="list-style-type: none"> • 13 March • 19 June • 11 September • 4 December
Benefits:	<ul style="list-style-type: none"> • Learn to identify key concepts in end of life care • Gain comprehensive knowledge of the role of the Health Care Assistant and Support Workers in providing end of life care • Further develop your end of life care management skills • Feel confident to talk with residents/clients and their family/whanau • Understand your feelings around the loss of a resident or client
Topics:	<ol style="list-style-type: none"> 1. Key concepts in end of life care 2. The role of the Health Care Assistant in providing end of life care 3. End of life care management skills; mouth care, skin care, last days of life and other aspects 4. Spiritual Care in end of life and self-care strategies
For Who?	All healthcare assistants and support workers
Cost:	\$90
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Number of Students:	10 Minimum
Certification:	Certificates issued for attendance
Endorsement	Endorsed by Hospice New Zealand

ADVANCED PALLIATIVE SKILLS STUDY DAYS	
Description	To provide enhanced learning opportunities for clinicians who have an interest in the advanced care of patients and families at end of life. The interdisciplinary programme is delivered as a two day interactive workshop. Participants will have the opportunity to acquire an advanced level of specialist palliative care skills, which will ensure enhanced care for patients and their families at the end of life. Ideal for those practitioners who have a passion for improved end of life care – exploring advanced clinical and psychosocial care issues.
2018 Dates:	Over two days from 8.15am to 4.30pm <ul style="list-style-type: none"> • 7 and 8 May • 5 and 6 November
Benefits:	<ul style="list-style-type: none"> • Participate in a core range of specialist topics in palliative care • Collegial support and networking • Share your knowledge and skills with others in your organisation
Topics include:	<ol style="list-style-type: none"> 1. Palliative emergencies 2. Delirium and agitation 3. Ethical issues, difficult conversations and other advanced topics 4. Advanced care planning
For Who?	All Health and Social Care professionals who have an interest in the end of life needs of patients and their families. It is recommended that participants attend <i>Fundamentals of Palliative Care</i> programme prior.
Cost:	\$175 for two day programme
Venue:	Living & Learning Centre, 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Number of Students:	10 Minimum
Certification:	Certificates are awarded on completion of a post learning exercise

GENESIS ONCOLOGY TRUST BREAKFAST LECTURES	
Description	These lectures are delivered via teleconference with a PowerPoint presentation that the speaker takes participants through.
2018 Dates:	1st Thursday of each month – 7.30am – 8.30am, followed by refreshments and networking opportunities. <ul style="list-style-type: none"> • 01 February • 01 March • 05 April • 03 May • 07 June • 05 July • 02 August • 06 September • 04 October • 01 November • 06 December
Benefits:	<ul style="list-style-type: none"> • Enhanced learning opportunities • Peer support • Networking • Self-reflection towards PDRP and other professional development programmes
Cost:	A donation to Hospice West Auckland
Certification:	Certificates issued for attendance

THE FOUNDATIONS OF SPIRITUAL CARE	
Description	This programme encourages all health and social care professionals to be mindful of the critical role spiritual wellness plays in the quality of life of those we cater for. The programme builds awareness of our need to address and understand the spiritual care needs of our patients and their families. It also offers tools and skills to assess and address spiritual needs.
2016 Dates:	Over two consecutive Wednesdays from 1.00pm - 4.30pm <ul style="list-style-type: none"> • 26 and 27 March • 2 and 3 July • 24 and 25 September
Benefits:	<ul style="list-style-type: none"> • Enhanced holistic care skills • Increased awareness of the diversity of needs • Increased awareness of own needs
Topics:	<ol style="list-style-type: none"> 1. Exploring spirituality 2. Wairuatanga – spiritual wellbeing 3. Spirituality at the end of life 4. Spiritual Care at end of life and caring for ourselves
For Who?	All those who care for unwell patients, residents and clients
Cost:	\$70
Venue:	Living & Learning Centre 206 Swanson Road, Henderson
Presented by:	Members of the Hospice West Auckland Team
Number of Students:	8 Minimum
Certification:	Certificate of completion of all four modules
Endorsement	Endorsed by Hospice New Zealand



COURSE REGISTRATION FORM

Please complete a separate
form for each course

**Registrations will be confirmed when a payment is received.
This registration form becomes a tax invoice when payment is received.**

Name of Workshop: _____ Date of Workshop: _____

Name: _____

Ph (Hm): _____ Ph (Wk): _____

Mobile: _____ Email: _____

Address: _____

Current Employer: _____ Position Held: _____

Privacy: Please indicate whether you are willing to have your name and contact details on a list to be circulated to workshop participants.

Yes No

PAYMENT METHOD Course Amount: \$ _____

Credit Card Visa Mastercard Expiry Date /

Internet Banking *(Please use your name as reference)*

Account Name: Hospice West Auckland

Account No.: 12 3039 0813192 00

By Cheque

Please make cheques payable to Hospice West Auckland and deliver by post to:
Hospice West Auckland, Po Box 45181, Te Atatu, Auckland 0651

Cancellation

Any cancellation received within 24 hours of course date will be non-refundable

Bookings and payment can also be made online at <http://hwa.org.nz/learning-development>